

Londoners won medals in 7 of the 11 events we entered. Way to go - everybody!
Congratulations especially to the following:

5 Pin Bowlers:

Mindy Wang - Bronze - W55+
Dan Harris - Silver - M55+

Cycling:

Gwen Olar - Silver - W55+ Time Trial & Gold - W55+ Prediction 5K
Jo Nolte - Bronze - W55+ TT
Rob Paterson - Silver - M55+ TT & Gold - M55+ Prediction 5K
Vince Lubrano - Bronze - M65+ TT

Darts:

Lisa Stanton & Nancy McCrae - Gold - Women's Dbls
Kevin Parr & Darin Tucker - Silver - Men's Dbls
Debbie Rameau & Michael - Bronze - Mixed Dbls

Golf:

David Serrano - Silver - M60+
Jacques Montreuil - Bronze - M60+
Wayne Cole - Bronze - M80+

Slo-Pitch:

White Caps, captain Gord McNeil & sponsor London Tap Repair/Brian Bilyea - Silver - Rec

Prediction Walking:

Bernadette Pitt - Gold in W55+ & Gold in W55+ Nordic Walking

Tennis:

Jayne McCullough & Mike Ramsay - Gold - Mixed 55+
Myrna Gomez Moreno & Catherine Jonkhans - Gold - Women's 65+;
Hui Zhu & Tongshui Cui - Silver - Men's 55+
Jacqueline Davis & Jeff Eames - Bronze - Mixed 65+